

**<Mobility plus Project>**

Free rent of tricycle to the children with disabilities.



For your "Independent Life".



Continuing Care Program for the people in the community to be able to keep the life

**ABILITIES** Abilities Group

Abilities Care-net, Inc.

Japan Abilities Association(NPO)

Abilities Medical Corporation

## ■ Credo of Abilities

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I do not choose to be a common man. It is my right to be uncommon - if I can. I seek opportunity - not security. I do not wish to be a kept citizen, humbled and dulled by having the state look after me. I want to take the calculated risk; to dream and to build, to fail and to succeed. I refuse to barter incentive for a dole. I prefer the challenges of life to the guaranteed existence; the thrill of fulfillment to the stale calm of Utopia. I will not trade freedom for beneficence nor my dignity for a handout. I will never cower before any master nor bend to any threat; It is my heritage to stand erect, proud and unafraid; to think and act for myself, enjoy the benefit of my creations and to face the world boldly and say, this I have done. For our disabled millions, for you and me, all this is what it means to be a Japanese.

April 17, 1966

## ■ Message

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Japan Abilities Association (JAA, Non Profit Organization) was established in 1966 to realize the independent living and the participation to the society for the disabled by the people with disabilities . On the same year, Japan Abilities, Inc. ( Abilities Care-net, Inc.) was established by 6 persons with disabilities as the model corporation to improve the employment of the disabilities in the business field.

In 1972, we started the development, sales, rental service activities of the equipment for the disabled with the cooperation of many leading overseas manufacturers of the world.

Rehabilitation equipment and the aids for the daily living help people to make the decision on their own life and act positively rather than receiving care passively. We have supplied such equipment.

It is your own life. It is only one time. We sincerely hope you can gain satisfactory life by utilizing service provided by us.



Founder  
Hiroyasu Itoh

In 1966 started Abilities Movement after graduating Waseda University / Chairman of Japan Abilities Association / President &CEO of Abilities Care-net, Inc. / Chairman of National Network to promote JDA/ Vice Chairman of Healthcare Forum Japan / Chairman of Kawasaki Innovative Standard

## Abilities Care-net, Inc.(ACI) - Company Profile -

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- Name:** Abilities Care-net, Inc.(ACI)
- Head Office:** Yoyogi 4-30-3, Shinjuku Midwest Bldg. Shibuya-ku, Tokyo, Japan 151-0053
- URL:** <http://www.abilities.jp>
- Founded:** June 1966
- Capital:** 414,535 thousand Yen
- Major Corporate Shareholders:** Employees' Stock Ownership members / AEON Co., Ltd. / Nabtesco Corporation / Astem Ltd. / Paramount Bed Co., Ltd.
- Number of Shareholders:** 437 (June 30. 2014)
- Number of Employees:** 957 including fulltime and part time employees(Jan.1.2015)
- Representative:** ITOH, Hiroyasu President & CEO
- Business Activities:** Technical Aids activities (sales and rental service) : Sales of rehabilitation equipment, equipment for the disabled and the elderly, equipment for hospitals and facilities. Rental service under Care Insurance, Consulting, planning and execution of the remodeling of the houses for the disabled and the elderly
- Community Care activities: Operation of Assisted living Home, Day service center, Rehabilitation facility "Abilities Center".
- Affiliated companies:** Abilities Jusco Co., Ltd.( Joint investment with AEON) where severely disabled are mainly employed/ Yuai Service Kosha Co., Ltd. (Joint investment with Ichinohe town, Iwate prefecture) takes in charge of care services fro the elderly in Ichinohe town.
- Sales office:** Sapporo/Sendai/Tochigi/Kawaguchi/Shibuya/katsushika/Musashino/Fuchu/Hachioji/Chiba/Funabashi/Kawasaki/Yokohama/Hiratsuka/Matsumoto/Niigata/Nagakute/Kanazawa/Daito/Osaka/Izumi/Kobe/Fukuyama/Hiroshima/Kitakyushu/Fukuoka/Okinawa Tomishiro
- Facilities in Community Care services**
- Assisted living Home: Kawaguchi/Higashiyamoto/Kashiwa/Fuchu
- Day Service Center: Nishifucho Fuchu/Minamicho Fuchu/Katsushika/Setagaya/Higashiyamoto/Kashiwa/Kawaguchi/Kawasaki/Yokohama/Sagamihara/Hiratsuka/Toyoda/Izumi/Sakai
- Rehabilitation Center: Fuchu
- UR Community Care: Narakita, Yokohama

# History of Abilities Movement

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## 1. Start of Abilities Movement

I got polio when I was one year old and my right leg was paralyzed. I was rejected over 100 companies to receive even job interview because of my disabilities. When I was senior at the university, I could meet Mr. Henry Viscardi Jr. who established Abilities, Inc. in USA. He had no leg since he was born.

Mr. Viscardi Jr. started his company in 1952 in New York with four disabled. They are only one leg and three arms by four people. Please see the book "Give us The Tools" by Mr. Viscardi. Jr.

By meeting him and knowing his inexhaustible mind and his company, I could find what I sought for. My soul was shaken by him. It was when I was 23 years old. Abilities movement in Japan started by meeting with him.

## 2. Model company which employ the disabled

Japan Abilities, Inc. was established in 1966 and started as printing company with only 1.5 million Yen capital and with six disabled. After that, activities was widen to the development, sales and rental activities on the equipment for the disabled.

We were approved by the Ministry of Labor as the first model company who employ the severely disabled. However we have changed our company from the special company who employ only disabled to the normal company where disabled and non-disabled work together. We have participated several experiments how severely disabled can work and promoted the disabled can work at normal companies. We cooperated with Aeon, major super market and established joint venture "Abilities Jusco Company " who operate bookstore "Scrum" where the severely disabled work in front staff at the shops.

## 3. Life Support Activities

Since 1990, Association started supplying program as "Life Support Program" that involves twelve kinds of living and healthcare services for the members of JAA, Private health insurance societies. Service includes the travel for the disabled who had given up the travel because of the disabilities. We have around 300 thousand households as members and have over 500 cooperative facilities for the disabled.

Further we organize seminars for equipment specialists, home helpers.

## 4. Supply of wide range of services

It is important people can live in their own community where people have friends and families. Abilities Care-net, Inc. supply wide range of services such as Assisted living home, Day service centers, Case Management, Clinic. In 2007, we started "Abilities Center " which focus on rehabilitation training.

"Independence " is what people can decide how to live by themselves. We would like to support enjoyable and independent living for the disabled.

## Activities of Japan Abilities Association



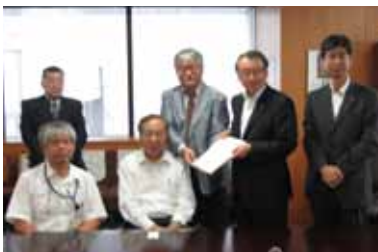
Tour to Nethealnds



Tour to Hokkaido, Japan



Seminar by equipment specialist



Submitted the opinion report made by Committee on Prohibition of the Discrimination to Nakagawa Cabinet Special Mission Minister

We do various activities so that the people with disabilities and the elderly can participate to the society and can live in their community as long as possible.

### ■ Telephone counseling

Public health nurse support and give counseling on telephone on finding hospital, facilities and give advice on the living after having disabilities.

### ■ Education

We organize seminars for equipment specialists, home helpers, experiences to be disabled etc. by our own plan and asked by universities, private companies and governmental facilities.

### ■ Travel

Planning and organizing Day travel, domestic and overseas travel for the people with disabilities including wheelchair users. We check carefully the barrier-free environment in advance and experiences staffs who accompany to the tours.

### ■ Scholarship

We supply scholarship who study abroad with having disabilities as we would like to support the people who becomes the leader in the world in the future.

### ■ JDA (Japanese with Disabilities Act) movement

Secretariat for the Association to promote prohibiting the discrimination to the disabled.

Since 2001, Japan Abilities Association have worked to the legislation of JDA with the coopertion of many groups by the disabled. Finally legislation won at national diet in 2013 and will enforce in April 2016. Association will work as secretariat to ensure the legislation will be active.

### ■ Newspaper

We issue Newspaper, 4 times a year.

### ■ Case Manager's office

We embody the operation of Case Manager's Office from Musashino city, Tokyo.

### ■ Publication

We publish translated book of Give Us The Tools, and other booklet related to symposium, seminars and activities.

### ■ Lecturers

We send our staff as lecturers for various kinds seminars and training organized by universities, colleges, schools for PT, OT and nurse.

## Major business of Abilities Care-net, Inc.



Special bathing equipment



Module wheelchair



HCR



Kichijoji Shop



Remodeling of houses

We would like to support the disabled so that they can have independent living at home, work place, society as citizen. That's why we do various kinds of activities by that the disabled can act by own decision and make their own life by themselves.

### ■ Technical Aids activities (sales and rental service)

Development, sales and maintenance service, rental service of the equipment for the disabled and the elderly. Consulting and execution of the remodeling of the houses and facilities such as hospital, nursing home, Planning of town on universal design.

### ■ Sales and rental business

Experienced sales persons give advice for the disabled and elderly, nursing home and hospitals on the equipment to be used at home and facilities.

### ■ Technical support

Even though we are not manufacturer, we have our own technical team who do development of the product, evaluation so that we can assure the quality of products. We also supply preventive maintenance service program so that customers can use the equipment without problem.

### ■ Shops

We have our own shops to exhibit and sell many kinds of equipment to support the independent living at home.

Kichijoji, Tokyo  
Hachioji, Tokyo  
Katsushika, Tokyo  
Yokohama, Kanagawa  
Tochigi, Tochigi  
Izumi, Osaka

### ■ Online shopping

We operate our online shopping mall through "Rakuten Ichiba" and provide various products including ADL products, rehab products and barrier-free products so on.

### ■ Consultancy by architects

Our own first grade architect office give advice and consultation on remodeling of houses, hospitals and facilities.



Abilities Center



Kimama Kan Higashiyamato



Sakai Otori



Fuchuminami



Friendship  
Yokohama



## ■ Care Service business

We run Assisted Living homes , Day service centers, home helper, case management office. In 2007, we started “Abilities Center “ which focus on training and rehabilitation for daily living activities such as toileting, bathing, utilizing equipment so that it enables the disabled to live at home and participate to the society.

## ■ Rehabilitation Center

Abilities Center (Fuchu, Tokyo)

## ■ Assisted Living Home

Kimama Kan kawaguchi  
Kimama Kan Higashiyamato  
Kimama Kan Kashiwa  
Kimama Kan BBC

## ■ Day Service Center

Kawaguchi/Nishifucho/Fuchuminami/Ohanachaya/Kibogaoka/Tateno/Akanecho/Hashimoto/Kawaracho/Urafune/Shonan Takamura/Toyoda/Sakai Otori/Izumifuchu

## ■ Watching Service

Narakita

## ■ Community hall and restaurant Friendship

Fuchu (Abilities Center)  
Higashiyamato (Kimama Kan Higashiyamato)  
Kashiwa (Kimama Kan Kashiwa )  
Yokohama (ARC Yokohama)  
Shonan(Day Service Center Shonan Takamura)

## ■ Abilities Medical Corporation

Not only seeing at clinic, we also visit patients’ home. Day Care Center and home visiting helper station are also accompanied. Subject: internal medicine,surgery,orthopedic medicine, rehabilitation.

## HISTORY

1966	April	Establishment of Japan Abilities Association.	Government.
	June	Establishment of Japan Abilities, Inc. with 1.5 million Yen in capital.	
1974	July	Held the first exhibition for rehabilitation equipment in Kasumigaseki Bldg. in Tokyo. Opened Rehabilitation Division and started the business relationship with manufacturers of Europe and the U.S.A.	
	Aug	Organized Homecare & Rehab Show by the request of the Ministry of Health to Mr. Itoh. It is continued to today as International Home Care & Rehabilitation Exhibition.	
1975	September	Invited Dr. H. Viscardi, Jr. (the founder of National Center for Disability Services) to Japan and held the lecture meetings in Tokyo, Osaka and Yamanashi Prefecture.	
1976	October	Received recommendation by the Minister of Labor as a model company of employment for the people with disability.	
1983	April	Abilities Jusco, Inc. opened the first bookstore, "SCRUM", as a model company of employment for the people with severe disability in Sendai City, Miyagi Prefecture.	
1990	June	Opened the Counseling Service Department for care and rehabilitation as one of Life Support Programs of Japan Abilities Association. Started the cooperation with major insurance companies.	
1993	April	Established Housing Sales Department and Center for Adapted House for the people with disability.	
1994	February	Started rental business of equipment for the disabled and elderly officially.	
	March	Opened the satellite office at Kanagawa Science Park, Kawasaki City. This is one of experiments on employment for the people with severe disability by Ministry of Labor and we were entrusted to join this experiment.	
1997	May	Started franchise chain of Care and Rehab Merchandises. Fuji Film's co-op as the first one opened in Odawara City, Kanagawa Prefecture.	
1999	March	Started the business of Assisted Living Home which is one of our comprehensive welfare services for the disabled and the elderly people. The first one named "Blue Berry Court Fuchu" was built with thirty rooms.	
	May	Opened "Moegien Kichijoji Honcho Clinic". It was located in the same building with Kichijoji Technical Aid Center. Day Care Center was operated in the clinic.	
2000	April	Started Ten-million House "Tsukimiji". Musashino City, Tokyo have a plan to supply a facility for the elderly people to take them from home and give active seniors enjoyable lives. Association took the charge from Musashino City to manage one of their facilities.	
	April	Ichinohe Town, Iwate prefecture started the third sector for the care of the disabled and the elderly. Abilities participated the management with 40% share.	
2001	March	Established the first grade architect office	
	May	Japan Abilities Association received the certification as NPO (Non Profit Organization) from Tokyo Metropolitan	
2004	April	Effective April 1, 2004, our company name was changed to "Abilities Care-net, Inc." (ACI). It means the company provides more services including the complex programs to the market.	
	October	Established Abilities Techno Hub Kawasaki. ACI participated in the plan of THINK, Techno Hub Innovation Kawasaki, which was a research project led by Kawasaki City and established Abilities Techno Hub Kawasaki in Minami-watarida, Kawasaki City.	
2005	October	Association took the charge running Kichijoji Home-care Support Center in Kichijoji City, Tokyo from Musashino City.	
2006	October	<40th Anniversary>"Abilities Resources Center (ARC) Yokohama" was established in Yokohama City, Kanagawa Prefecture. It has same functions for the elderly as our existing facilities, such as day service, day care or rehabilitation service. Its unique feature is to provide opportunities for the elderly to share their skills and knowledge with the children, through the courses provided at ARC Yokohama. ARC accepts children with special talent or exceptional children who require special care. All those activities are served in one floor.	
2007	September	Abilities Center (A-Center) was established in Fuchu City, Tokyo. A-Center provides intensive and comprehensive rehabilitation program to support independent life.	
	October	Established the fund to support the students with disability who would like to study abroad.	
2009	May	Association received the Arinomama Award for its activities to support the disabled from His Imperial Highness Prince Hirohito.	
2010	December	Started On-Demand Printing.	
2011	June	Renewal of Kimama Kan Blue Berry Court Fuchu.	
	October	Head office moved.	
2012	May	Started Day Service Center Sakai Otori.	
	June	Started Day Service Center Fuchu Minami.	
	October	Started Day Service Center Toyoda.	
	October	Started Day Service Center Moriyama.	
2013	April	Started Support program with UR (Government Housing Corporation)	
	May	Opened Osaka Minami Sales office	
	Aug	Opened Hanshin Sales Office	
	Oct	Opened Narakita/Machida Sales office	
	Nov	Started Day Service Center Narakita	
	Nov	Established subsidy in Taipei, Taiwan, Abilities Healthcare, Inc.	
2014	Aug	Opened Chiba Sales Office	
	Aug	Opened Fuchu Sales Office	